

USC Drug-Free

Prevention, Education and Counseling Services along with University Policies and Procedures for Preserving a Drug-Free Workplace and Study Environment

A message from President Steven B. Sample

As members of the USC community, we all share a commitment to provide an educational environment in which excellent teaching, research, and learning can flourish. As part of this commitment, we recognize the need to counsel and educate members of our community concerning the dangers of abusing alcohol, tobacco, and other drugs.

Academic life can be stressful at times. Students often feel the weight of the goal to succeed academically and to find their niche socially. Ambition and purpose in both of these areas are natural and important for college students. USC is a place where the drive for excellence is keen, and our faculty and staff as well can experience pressure—from the self-motivated desire to excel, the expectations of their colleagues and their families, as well as from competition with peers in the wider academic world. But this university categorically condemns the abuse of alcohol and drugs as a means to palliate stress. To help members of the USC community cope with various pressures, the university provides students, faculty, and staff with resources and activities that promote a drug-free campus.

This brochure has been distributed to all members of the USC community. Please read it carefully and keep it as a reference for the future. Whether you or someone you know is planning an event, is interested in getting involved with substance-abuse education and prevention programs, or is having problems that are related to the use of alcohol, tobacco, or other drugs, you will find this brochure helpful.

Sincerely,

Steven B. Sample, President

USC Drug-Free is produced annually in compliance with the Drug-Free Schools and Campuses Act of 1989 and the Drug-Free Workplace Act of 1988 through the Department of Contracts and Grants.

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Anyone receiving funding from federal sources should carefully read the section on “Special Requirements for Those Working on or with Federal Contracts and Grants”.

USC is committed to providing students and employees alike with a drug-free environment for both work and study. All members of the university community are encouraged to be actively involved in the prevention of alcohol and other drug abuse. Prevention, education, and early intervention programs are available, along with counseling and referrals to appropriate mental health and medical services.

Introduction

The illegal or abusive use of alcohol and/or other drugs by students, faculty or staff adversely affects USC’s commitment to provide an environment of excellence in teaching, research and learning. As members of the USC community, we all share in the responsibility for creating and maintaining a healthy and productive environment for work and study alike. With this responsibility comes the obligation to be involved in preventing problems caused by the abuse of alcohol, tobacco and other drugs.

USC’s comprehensive approach to addressing substance abuse emphasizes:

- Taking effective steps to create and maintain a drug-free workplace and educational environment for students, faculty and staff.
- Providing continual prevention, education and counseling services along with referrals to off-campus treatment facilities as appropriate.
- Encouraging individuals who are experiencing problems associated with alcohol and other drugs or chemical dependency to seek assessment, counseling and/or treatment voluntarily with the understanding that this assistance is confidential and will not be used against them.
- Assessing university sanctions for the manufacture, distribution, use or possession of illegal drugs or the unlawful use or possession of alcohol which may include prosecution under applicable state and federal laws. Such sanctions may include educational intervention, mandated community service, suspension, expulsion and termination of employment.

Help is available for students.

Help is available for faculty and staff.

Help is confidential.

Alcohol and Event Planning Guidelines

Where alcohol is to be served at a university function, the department or group hosting the event is responsible for ensuring that it is offered in a safe and legal manner.

- An individual or group sponsoring an event where alcoholic beverages are made available must adhere to applicable laws (e.g., securing a license to sell and/or serve) and university regulations. The sponsor will be held responsible for any abuses arising from the use of alcoholic beverages by servers and/or consumers.
- Ample non-alcoholic beverages and food must be provided at events where alcohol is served.
- Any individual or group intending to serve alcoholic beverages must register the event with the appropriate office or department and follow the rules set by that office or department. Questions about student events should be directed to the Office of Residential Education and/or Fraternity and Sorority Leadership Development at (213) 740-2080 for all residence hall, apartment or fraternity/sorority-sponsored events, and the Office of Campus Activities (213) 740-5693 for other student organizations.
- Alcoholic beverages may not be present at student organization recruitment efforts or events (e.g., “Rush”).
- University funds (including student programming fees, residence hall fees, departmental funds, etc.) may not be used to provide alcohol either directly or indirectly at student events.

Health Risks Associated with the Abuse of Alcohol and Other Drugs

There are many well-documented risks associated with the abuse of alcohol and other drugs, affecting not only the individual user but also his or her family, friends and roommates. Alcohol abuse is frequently implicated in cases of sexual assault on campus, for example, and the misuse of drugs is sometimes a factor in workplace violence. Other problems associated with alcohol and other drug abuse include poor academic or job performance; relationship difficulties, including sexual dysfunction; a tendency to verbal and physical violence; financial stress; injuries or accidents; and violations of the law such as driving under the influence and willfully destroying property.

Members of the university community are encouraged to seek immediate help through any of the following resources.

USC Resources for Faculty and Staff

Faculty and staff services are provided in conjunction with employee health benefits.

Center for Work and Family Life

..... 821-0800
No cost education, information, assessments, referrals and treatment for all faculty and staff (including hospital staff), and their dependent family members
www.usc.edu/worklife

Employee Assistance Program

..... (800) 442-2353
For hospital employees represented by a collective bargaining unit
www.cignabehavioral.com

Faculty/Staff Health Center

..... 437-1000
Medical assessments and referrals to counseling and treatment
www.usc.edu/health/doctorsdowntown/center.html

Faculty Mediation Officer

..... 740-4794

Anthem Blue Cross

HMO (800) 227-3613
PPO (800) 759-3030
For hospital employees represented by a collective bargaining unit
<http://www.anthem.com/ca/>

United Behavioral Health

(formerly Pacificare Behavioral Health)
..... (800) 888-2998
www.unitedbehavioralhealth.com

Kaiser (Member Service Call Center)

..... (800) 464-4000
Consult the benefits booklet for the nearest facility
www.kaiserpermanente.org

Telephone numbers are within the 213 area code unless indicated otherwise.

USC Resources for Students

University Park Health Center (UPHC)

..... 740-UPHC (8742)
www.usc.edu/uphc

UPHC Medical Service

..... 740-9355
Medical assessments and referrals to counseling
www.usc.edu/uphc

UPHC Health Promotion and Prevention Services

..... 740-4777
Prevention and education programs, classes, and referrals
www.usc.edu/hpps

UPHC Counseling Services

..... 740-7711
Individual and group counseling, substance abuse support groups, and referrals to treatment off campus
www.usc.edu/scs

Student Judicial Affairs and Community Standards

..... 821-7373
Policy and procedure questions, response to incidents involving violations of university policy
www.usc.edu/student-affairs/SJACS

Office for Residential Education

..... 740-2080
Fraternity and Sorority Leadership Development
<http://sait.usc.edu/ResEd/>

Office of Campus Activities

..... 740-5693
<http://sait.usc.edu/ca/>

Center for Women and Men

..... 740-4900
Alcohol/other drug related sexual assault prevention and response
www.usc.edu/student-affairs/cwm/

Vice President for Student Affairs

..... 740-2421
www.usc.edu/student-affairs/about/leadership.html

Department of Public Safety

UPC 740-6000
Safety and legal questions and concerns
UPC Emergency Number 740-4321
Immediate response to on-call medical or psychological assistance
<http://capsnet.usc.edu/DPS/>

HSC/Public Safety

..... (323) 442-1200
<http://capsnet.edu/DPS/>
HSC Emergency Number (323) 442-1000

HSC/Eric Cohen Student Health Center

..... (323) 442-5631
<http://studenthealth.usc.edu/ecohen/>

Other Resources

Alcoholics Anonymous

English (323) 936-4343
Spanish (323) 735-2089
University Religious Center Daily, 12 Noon, URC 205
www.lacooa.org/

Al-Anon

..... (818) 760-7122
www.alanonla.org

Adult Children of Alcoholics

..... (310) 534-1815
www.adultchildren.org

Cocaine Anonymous

..... (310) 216-4444
www.ca4la.org/

Family Anonymous Drug Abuse

..... (310) 815-8010
<http://www.familiesanonymous.org>

Marijuana Anonymous

..... (323) 964-2370
www.marijuana-anonymous.org/ (Eng/Span)

Narcotics Anonymous

..... (323) 933-5395
www.todayna.org/ (Eng/Span)

National Council on Alcohol and Drug Dependency

..... (818) 997-0414
<http://www.ncadd-sfv.org/>

Alcohol and Other Drug Descriptions

Alcohol

Excessive alcohol consumption causes behavioral changes and can have consequences for physical and mental health. Even small quantities of alcohol can cause impaired judgment and poor coordination for some people. Alcohol abuse is involved in the majority of violent acts on college campuses, including sexual assault and acquaintance rape, vandalism, fights, and drinking and driving episodes. Continued abuse of alcohol can lead to dependency and/or permanent damage to organs such as the liver. A deterioration in lifestyle is also tragically common.

Cannabis (marijuana, hashish)

Marijuana use can impair or distort short-term memory and comprehension, alter the user's sense of time, and reduce coordination. A lowered immune system and an increased risk of lung cancer may also ensue. THC, the active chemical in marijuana, is stored in the fat cells of the body, and depending on the amount used and duration of time, can stay in the body for anything from a few days to about two months. Addiction is generally founded psychologically more than physically.

Cocaine (crack and other stimulants)

The immediate effects of cocaine use include dilated pupils, and increased blood pressure, heart rate, and respiration rate followed by a crash when the drug wears off. Over the longer term, cocaine users often have nasal passage and nasal septum problems. Stimulant use is generally addictive.

Hallucinogens (LSD, mescaline, psilocybin)

Hallucinogens cause illusions and distortions of time and perception. The user may experience episodes of panic, confusion, suspicion, anxiety and loss of control. Flashbacks can occur even after use has stopped. PCP or phencyclidine has been shown to produce violent behaviors which can lead to injuries to the user or a bystander. There is generally little potential for addiction.

Heroin (other opiates)

Heroin causes the body to experience diminished pain. If injected, it can result in blood vessel damage (and possibly the transmission of infections such as hepatitis and HIV if needles are shared). There is a high rate of addiction among users.

Tobacco (cigarettes, chew, and other products)

Tobacco use has been proven not only to be addictive, but to have serious, well-documented health consequences. While many people, particularly students, look to smoking as a way of reducing stress, it should be remembered

that there is no comparison between the stress of facing emphysema or lung cancer and the stress of preparing for mid-terms.

For more information about preventing the abuse of these and other drugs, please contact Health Promotion and Prevention Services at (213) 740-4777, located in the Student Health Center building, SHC 2nd Floor.

University Policy on Alcohol and Other Drugs

The University of Southern California recognizes that the illegal or abusive use of alcohol and other drugs by members of the university community has a detrimental effect on the university's commitment to provide continual excellence in teaching, research and education. Misuse of drugs by students poses hazards both to the individual involved and to the community. Students share with faculty and staff the responsibility for creating attitudes conducive to eliminating the abuse of alcohol and other drugs within the university community.

Alcohol

The university recognizes the legality of alcohol use for those of appropriate age while simultaneously maintaining concerns for the potential for abuse of alcohol within the student community and the destructive effects of such abuse. As a result, the university has established the following expectations concerning alcohol and students:

- All new undergraduate students entering USC are required, prior to arriving on campus, to complete AlcoholEdu for College, a web-based, alcohol abuse prevention program. For faculty and staff interested in learning more, please visit the Health Promotion and Prevention Services Web site at www.usc.edu/hpps or send an e-mail to alcedu@usc.edu for further information.
- Only those students 21 years of age or older may possess or consume alcoholic beverages within the university community, and then in a responsible manner. Students are expected to assume responsibility for their own behavior while drinking and must understand that being under the influence of alcohol in no way lessens their accountability to the university community.
- Students will not provide alcoholic beverages to those under 21 years of age.
- University-recognized student living units and events sponsored by university-recognized groups (regardless of location) are governed by university policy concerning alcohol and other drugs. Individuals and groups are expected to follow appropriate hosting guidelines.
- Alcoholic beverages may not be present at student organization recruitment efforts. The use of university funds to provide alcohol to students is prohibited. Accordingly, student

programming fees and residence hall or apartment programming fees may not be used to purchase alcohol.

- Consumption of alcoholic beverages in public within the university community, such as academic and recreational facilities, university housing corridors and lounges, is prohibited unless licensed for consumption of alcohol on the premises. Approval to serve alcohol on the USC campus must be obtained from Hospitality Services.
- The intention to serve alcoholic beverages must be registered with the office or department administratively responsible for the facility or location where the event is to be held. Each office or department may have specific regulations which may prohibit the serving of alcoholic beverages. The Campus Center for Cultural Programs can provide additional information.

Violation of university policies concerning alcohol shall result in appropriate disciplinary action up to and including suspension or expulsion from the university and, in the case of organizations, loss of recognition. Additionally, the university expects all students and student groups to comply with all current laws of the state of California and the city of Los Angeles. It is the responsibility of each individual to be aware of, and to abide by, all state and local ordinances and university regulations. Current laws provide for severe penalties for violations which may result in a criminal record. For a description of the current laws, please refer to State and Municipal Laws and Ordinances in this brochure.

Violations may be prosecuted under applicable local, state and federal laws as well as through university disciplinary action.

Other Psychoactive Substances

The university's policy is to conform to all applicable laws and follows the current stance of the medical and mental health professions regarding the use of other psychoactive substances including stimulants, depressants, narcotics, inhalants and hallucinogens including marijuana.

The university expects all students and student groups to comply with all local, state and federal laws. It is the responsibility of each individual to be aware of, and abide by, all federal, state and local ordinances and university regulations. Current laws provide for severe penalties for violations which may result in a criminal record.

Student involvement in the manufacture, use, possession, distribution or sale of such drugs is a matter of concern to the university and will subject a student so involved to disciplinary

action by the university, up to and including suspension or expulsion from the university. University action may be taken whether or not independent action is taken by civil authorities.

Counseling and Medical Assistance for Students

Any student concerned about problems resulting from his/her use of alcohol or other drugs is encouraged to seek help from the Student Health and Counseling Services. In addition, regular Alcoholics Anonymous meetings are held on campus.

Actions Taken when a Student has Violated the Alcohol and Other Drugs Policy

As an academic community, USC exercises certain disciplinary and discretionary powers, protecting the educational environment by establishing and enforcing standards of conduct that students and student groups are expected to follow. These standards contain sanctions related to the use and abuse of alcohol and other drugs. Students are expected to respect these standards, the authority of the university, faculty and staff, and each other. If a student violates any of the standards of conduct, the university or any individual within the university may file a complaint against the student. Students who participate in the Overseas Studies Programs are subject to the laws of the host country as well as the university standards of conduct. Students in this program should discuss with program advisors the specifics related to the host country.

For details of the student conduct code, please contact the Office for Student Judicial Affairs and Community Standards, or consult SCampus.

Student organizations are expected to follow the standards of conduct as is any individual student. If a determination that a violation of the alcohol and other drug policy has occurred, by either an individual or a student group, sanctions will be assessed. Such sanctions may include any of the following:

- Community service
- Social suspension
- Revocation of recognition as a student organization
- Educational sessions
- Expulsion from the university
- Social probation
- Denial of use of university facilities
- Disciplinary probation
- Suspension from the university

Actions Taken when a Faculty/Staff Member has Violated the Alcohol and Other Drugs Policy

When problems arise due to alcohol and other drug use and abuse, it is the university's goal to provide faculty and staff members, whenever possible, with options for assessment, recommendations, counseling, referrals and/or treatment. In the event that a faculty or staff member is found to be in violation of the university policy, in addition to federal, state and municipal legal action and penalties, the individual may be subject to university disciplinary sanctions up to and including dismissal. Thus, self-referral and early detection and referral is critical to the rehabilitation of employees. For details, please refer to the Faculty Handbook.

State and Municipal Laws and Ordinances

The following provisions of the state and municipal law serve as the foundation for USC's policy on alcohol. (Note: This list is not a complete summary of relevant laws and ordinances.)

- The purchase, possession, or consumption of alcoholic beverages (including beer and wine) by any person under the age of 21 is prohibited.
- The selling, either directly or indirectly, of alcoholic beverages (including beer and wine) except under the authority of a California Alcoholic Beverage Control Board license is prohibited. This includes selling glasses, mixes, ice, tickets for admission, etc.
- The serving of alcohol to an intoxicated person is prohibited.
- The serving of alcohol to someone to the point of intoxication is prohibited.
- The manufacture, use or provision of a false state identification card, driver's license, or certification of birth or baptism is prohibited.
- The act(s) of being drunk and disorderly in public view, including on public sidewalks and walkways, is prohibited.
- The consumption of alcoholic beverages in a public place (unless licensed for consumption of alcohol on the premises) is prohibited. This includes a prohibition of alcoholic beverages in public areas of academic facilities, recreation fields, university housing corridors and lounges.
- The act of driving a motor vehicle or a bicycle while under the influence of alcohol is prohibited.
- The possession of an alcoholic beverage in an open container in a motor vehicle or on a bicycle is prohibited regardless of who is driving or whether one is intoxicated.

State and Federal Criminal Sanctions

The following is a brief summary of the state and federal criminal sanctions that may be imposed upon someone who violates the alcohol and other drug policy at USC or elsewhere in the state of California.

- A violation of California law for the unlawful sale of alcohol may include imprisonment in the county jail for six months, plus fines and penalties.
- A violation of California law for the use of alcohol by obviously intoxicated individuals will vary with the particular circumstances but may include imprisonment in the county jail and substantial fines and penalties. Additionally, minors who are arrested for violations concerning the use of alcohol run the risk of having their driving privileges suspended or revoked until they are 18.
- A violation of California law for the possession, use and/or sale of narcotics, marijuana and/or other illicit drugs includes imprisonment in the county jail or state prison for one to nine years, plus fines up to \$100,000 for each count.
- A violation of federal law for the possession, use and/or sale of narcotics, marijuana and/or other illicit drugs may include imprisonment in the federal penitentiary for one to fifteen years plus substantial financial penalties.
- A violation of the law involving an individual being under the influence of a combination of alcohol and other drugs (itself potentially deadly), may result in an increase in criminal sanctions and penalties.

In addition to the sanctions imposed by the university, individuals who have violated State and Federal law regarding possession, use, and/or distribution of alcohol and other drugs may be referred by the university to the appropriate authorities for arrest and prosecution.

USC, an institution of higher education, complies with the Drug-Free Schools and Campuses Regulations of 1989 and the Drug-Free Workplace Act of 1988 which state that "as a condition of receiving funds or any other form of financial assistance under any federal program, an institution of higher education must certify that it has adopted and implemented a program to prevent the unlawful possession, use or distribution of illicit drugs and alcohol by students and employees". This summary of services, policies and procedures is mailed to each member of the USC community in accordance with this regulation.

Smoke-Free Policy

In order to provide a safe and healthy environment for all of our faculty, staff and students, it is the policy of the University of Southern California that smoking is prohibited in all enclosed buildings, facilities and university vehicles. Smoking is prohibited in all enclosed buildings, facilities and vehicles, which are owned or leased by the university, on both the University Park Campus and the Health Sciences Campus. This applies to all academic and administrative units including all individual faculty and administrative offices. Smoking is prohibited in all university owned and leased housing with the exception of the individual living spaces of residents who are living alone or have the consent of their roommate(s). All shared community space within university housing shall be designated as non-smoking areas. All University Park on-campus housing facilities are smoke free environments, regardless of roommate consent.

All dining facilities on both the University Park Campus and the Health Sciences Campus shall be designated as non-smoking areas. Smoking is prohibited during indoor athletic events and other university-sponsored or designated indoor events. "Smoking Prohibited" signs will be displayed in appropriate locations throughout campus. The thoughtfulness and cooperation of the entire campus community are paramount to successful implementation of this policy. Given the established harmful effects

of smoking to both smokers and non-smokers, it is the intent of the University of Southern California to reduce the existence of this health hazard in our campus environment. The university recognizes the need to accommodate those members of the university community who wish to smoke. Therefore, administrative and academic units may designate existing outdoor space as smoking areas, but these areas should be located far enough away from doorways, windows and ventilation systems to prevent smoke from entering enclosed buildings and facilities. Smoking cessation information is available to faculty, staff and students.

Questions regarding this policy should be directed to Risk Management at (213) 740-6204.

Special Requirements for Those Working on or with Federal Contracts and Grants

The Federal Drug-Free Workplace Act of 1988 (Public Law 100-690, Title V, Subtitle D) and the State Drug-Free Workplace Act of 1990 require that university employees directly engaged in the performance of work on a federal or state contract or grant shall abide by this policy as a condition of employment.

USC's Department of Contracts and Grants must be notified within five calendar days if an employee working on a contract or grant supported by federal funds is convicted of any

criminal drug statute violation occurring in the workplace or while on university business. The university is required to notify the federal contracting or granting agency within ten calendar days of receiving notice of such conviction and to take appropriate corrective action or to require the employee to participate satisfactorily in available counseling, treatment and approved substance abuse assistance or rehabilitation programs within thirty calendar days of having received notice of such conviction.

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